

Subject: Long Term Conditions
Date of Meeting: March 21 2012
Report of: The Strategic Director, Resources
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Wards Affected: All

FOR GENERAL RELEASE

1. SUMMARY AND POLICY CONTEXT:

- 1.1 The term 'Long Term Conditions' refers to medical conditions which cannot be cured, but which may be managed through medication and/or therapy. There is no definitive list of Long Term Conditions, but they are typically held to include conditions such as diabetes, asthma and coronary heart disease.
- 1.2 Long Term Conditions represent a considerable drain on NHS resources, in terms of both primary and acute sectors, and can have a very significant detrimental impact on the lives of service users. In recent years, attempts have been made to begin managing Long Term Conditions better, improving the quality and consistency of community-based care with the intention of reducing reliance on hospital services, particularly in terms of un-planned admissions, and of enable patients to live more independent lives.
- 1.3 The attached papers from the Brighton & Hove Transitional Clinical Commissioning Group (CCG)/NHS Sussex (see **Appendices 1, 2 and 3**) contains information about a planned re-design of how the local health economy manages Long Term Conditions. The changes are intended to empower service users to better understand and manage their own conditions, to re-focus services on high quality community provision – either in terms of services delivered directly to people's homes or accessed via clusters of GP surgeries – and to reduce reliance on costly and often unnecessary hospital care.

2. RECOMMENDATIONS:

2.1 That members:

- (1) Consider and comment on the proposals contained in the appendices to this report.

3. BACKGROUND INFORMATION

3.1 Please see information provided by the Brighton & Hove CCG/NHS Sussex – **Appendices 1, 2 and 3.**

4. CONSULTATION

4.1 This report was compiled after consultation with the Brighton & Hove Transitional Clinical Commissioning Group (CCG)/NHS Sussex.

5. FINANCIAL & OTHER IMPLICATIONS:

Financial Implications:

5.1 None directly to this report for information. Some services for people with Long Term Conditions require co-ordination of health and social care services and are therefore jointly commissioned/provided. Therefore final decisions about these matters may have financial implications for the Council.

Legal Implications:

5.2 None directly to this report for information.

Equalities Implications:

5.3 None directly to this report for information.

Sustainability Implications:

5.4 None directly to this report for information.

Crime & Disorder Implications:

5.5 None directly to this report for information.

Risk and Opportunity Management Implications:

5.6 None directly to this report for information.

Corporate / Citywide Implications:

5.7 None directly to this report for information.

SUPPORTING DOCUMENTATION

Appendices:

1. Paper provided by Brighton & Hove Transitional Clinical Commissioning Group (CCG)/NHS Sussex
2. Further information provided by the CCG (listed as Appendix A to the CCG paper)
3. Further information provided by the CCG (Listed as Appendix B to the CCG paper)

Documents in Members' Rooms:

None

Background Documents:

None

